

NORDSTROM

Is Your Body Summer-Ready?

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Jump Start Your Fitness Goals with the Zella Day of Movement at Nordstrom on May 5

SEATTLE, April 24, 2012 /PRNewswire via COMTEX/ -- Get inspired and refresh your workout regimen just in time for the summer months ahead during the second annual Zella Day of Movement at Nordstrom on Saturday, May 5. This is your opportunity to get moving with energy-boosting workouts, shopping and serious fun across the country. Select Nordstrom stores will offer one-hour workouts including yoga, pilates or bar classes with professional instructors. It's the perfect time to try out one of these classes for free.

"Looking great is about feeling good on the inside and out. Leading an active lifestyle is an important part and Zella fitness gear can help," said Nordstrom Women's Active Buyer Rebecca Boeh. "Whether working up a sweat means hitting the gym, running errands or keeping up with your kids at the park, Zella is the perfect fit."

While being addictively comfortable and completely affordable, Zella features figure-flattering design elements that make it easy to amp up your workout routine. The wide variety of tops and bottoms have just the right amount of compression to stay in place during even the most rigorous workouts. In a fresh array of vibrant colors Zella will keep your fitness gear on-trend for the season and as fashionable as the rest of your wardrobe.

Nordstrom Active Specialists will be on hand following the workout to help you find the looks that best suit your fitness routine. Plus, receive a gift with your \$40 in-store Zella purchase (while supplies last). To reserve your spot and for class times and details, call your local Nordstrom store or visit nordstrom.com.

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