

NORDSTROM

On Your Mark ... Get Set ... for the 25th Annual Nordstrom Beat the Bridge to Beat Diabetes

May 18, 2007

WHAT: Nordstrom Beat the Bridge to Beat Diabetes will be held at Husky Stadium at the University of Washington on Sunday, May 20.

This year's anticipated participation should reach over 9,000 runners, walkers, volunteers and supporters. Beat the Bridge hopes to raise over \$1 Million for the Juvenile Diabetes Research Foundation this year.

WHEN: Sunday, May 20 RACE DAY

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| 6:45 a.m. | Registration Opens |
| 8:00 a.m. | 4-mile Family Walk Begins |
| 8:15 a.m. | 1-mile Fun Run Begins |
| 8:30 a.m. | 8K Race Begins |
| 9:45 a.m. | Awards Ceremony |
| 10:05 a.m. | Diaper Derby |

WHERE: Participants can register online at www.beatthebridge.org until 8:00 p.m. on Friday, May 18. Entries will also be accepted at the Expo on Saturday from noon to 6:00 p.m. or on race day at Husky Stadium beginning at 6:45 a.m.

REGISTRATION: Registration fee is \$15 per person or \$25 including an official Beat the Bridge T-shirt. No entry fee for the Diaper Derby. Online registration begins Monday, March 5 and ends at 6:00 p.m. on Friday, May 18. Registration and t-shirt pick up will be held on Saturday, May 19 from noon - 5:00 p.m. in tunnels 9-19 in the Husky Stadium West Concourse.

INFORMATION: For more information, please log on to www.beatthebridge.org or call the Nordstrom Beat the Bridge Information line at (206) 628-1000.

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(Logo: <http://www.newscom.com/cgi-bin/prnh/20001011/NORDLOGO>)

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